

## Glen Forrest – A Day Trip to Remember

The village of Glen Forrest was established in 1877. Originally named Smiths Mill after the local jarrah sawmill, the name was changed in honour of Sir John Forrest, the first premier of Western Australia, and namesake of nearby state treasure [John Forrest National Park](#)

Glen Forrest is best known for the [Railway Reserves Heritage Trail](#) that runs through the centre of the village. An attraction for hikers, trails runners, cyclists and equestrians who are all able to leave the city behind and connect to nature - just 40 minutes from the CBD.

From Glen Forrest, you can follow the Railway Reserves Heritage Trail west to [Darlington](#), a 2.5km walk or cycle, or east to [Mahogany Creek](#) for 3.8km. Whichever you choose, be sure to keep an eye out for the historical Glen Forrest Station Masters House, built in 1898. History buffs can also take part in the self-guided [Glen Forrest Heritage Walk](#). For those after something a little more relaxing, check out the yoga time timetable at [Glen Forrest Physiotherapy](#) - but remember to book online!

In the heart of Glen Forrest and on the Railway Reserves Heritage Trail is the Morgan John Morgan Reserve Train Park, a children's park with a life-sized replica train! There are shaded eating areas on-board, so might we suggest a takeaway morning tea from [Glen Forrest Gourmet](#) and some large coffees for the parents! The afternoon can be spent perusing through local specialty stores such as [Bungalow Gifts and Garden](#) and [Scents of Style Florist and Gifts](#) for a special keepsake or gift before ending your day with dinner at the famous [Real Mountain Nepalese and Indian Restaurant](#).

A charming village that can pack in a day of adventure!



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